

WPTA Northwest District CE Course

Myopain Seminar: Dry Needling-2 Foundations II

Date: April 5-7, 2019

Time: 7:30 am - 5:30 pm each day - 34 Contact Hours (*snacks provided, lunch on your own*)

Location: Marshfield Physical Therapy Center, 1002 W. Clairemont Avenue, Eau Claire

The DN-2 Foundations II course builds on the knowledge and skills of the DN-1 course. Students will be introduced to the clinical aspects of myofascial pain, peripheral and central sensitization, the etiology and scientific basis of myofascial pain and dry needling.

Many muscles commonly addressed in clinical practice are included, such the posterior cervical muscles, the oblique capitis inferior, the cervical and thoracic and lumbar multifidi, levator scapula (partially), the latissimus dorsi (partially), supraspinatus, teres major and minor, pectoralis major (partially), pectoralis minor, the coracobrachialis, pronator teres, wrist flexors, oblique abdominal muscles and rectus abdominus, the lumbar paraspinals, the deep hip rotators, the lower and middle trapezius, the serratus anterior, and the rhomboids muscles. Students will also be introduced to the current scientific basis for dry needling for scar tissue, fascial adhesions, enthesopathies, and tendinopathies. Note: the pelvic floor muscles are no longer part of the DN-2 course, as Myopain Seminars will soon launch a new Pelvic Pain Dry Needling course.

Students will review the anatomy, function, and dry needling techniques for each muscle.

Instructor: Presented by Savas Koutsantonis, PT, DPT, CMTPT

Dr. Koutsantonis graduated from the University of Maryland at Baltimore School of Medicine in 1985 with a Bachelors degree in Physical Therapy, and received a Doctorate of Physical Therapy Degree from A.T. Still University of Health Sciences in 2004. He has worked at a range of different companies and served as adjunct faculty at the University of Maryland Physical Therapy Department. He received his certification in Trigger Point Dry Needling through Myopain Seminars in 2009.

DN-2 Foundations Registration Form

Fax to 608/221-9697, Email to wpta@wpta.org or Mail to WPTA, 3510 E. Washington Ave. Madison, WI 53704

Please Check One:

_____ WPTA Member **AND** Marshfield Employee **\$995**

_____ WPTA Member **OR** Marshfield Employee **\$1045** _____ Non-member **\$1095**

Name/Credentials: _____

Address: _____ **City/State/Zip:** _____

Phone: _____ **Fax:** _____ **APTA #:** _____

Email: _____

-PAYMENT METHOD-

Check (payable to WPTA District Acct - NWD) VISA MasterCard Discover

Cardholder's Name (print) _____

Card Number: _____ **3-Digit Code:** _____ **Exp. Date:** _____

Signature: _____



Questions? Contact JonPaul Dragseth at dr.jonpaul.dpt@gmail.com.