A CHAPTER OF THE AMERICAN PHYSICAL THERAPY ASSOCIATION

July 2018 Volume 48, Issue 3

Spring Award Winn

Conference Awards Dinner

Physical Therapist of the Year - Greg Eck, PT



Greg (pictured left with WPTA President Connie Kittleson) is an owner of ETI Wound Healing Center in Rice Lake, WI. As the clinic name implies, the focus of Greg's clinical work is on wound healing as well as lymphedema management. Each of the patients who nominated Greg described how they had persistent wounds that each believed would not heal...

until they met Greg. They noted that Greg provided them with hope and encouragement as he completed procedures to improve healing. One patient noted that Greg is willing to work long hours so that each patient receives the needed attention, while another commented on the environment of the clinic, noting that Greg has surrounded himself with staff who are equally supportive of patients. It is clear that Greg's patients have great respect and appreciation for him, as he has dedicated himself to improving their lives.

Clinical Instructor of the Year - Kevin Wait, PT, DPT



Kevin (pictured left with nominator Julie Lombardo), displays characteristics that are exceptional for a clinical instructor. According to his students, Kevin consistently goes 'above and beyond' on behalf of his students, working extra hours to assist them to practice new techniques. Kevin has dedicated his career to enhancing the learning environment for students

in a clinical setting and into their careers. For example, he developed a standardized inpatient and outpatient clinical curriculum for instructors and students at Keesler Air Force Base in MS that is now used across the country for DPT students.

Award Winners continued on page 10



WPTA Members Honored During the 2018 Spring President's Message

Connie Kittleson, PT, DPT



"And just as birds are meant to fly, as professionals dedicated to serving others, we were meant to look outward all along."

APTA President Sharon L. Dunn

In June, APTA President Sharon Dunn, PT, PhD, delivered an inspiring speech to the House of Delegates http://www.apta.org/Blogs/PTTransforms/2018/6/25/Dunn/. In it she described where we have been and where we must go while referencing

the transition from our previous inward-facing Vision 2020 and contrasting it with our current outward-facing vision statement "Transforming society by optimizing movement to improve the human experience." To live our vision, we must engage in issues that may not be strictly housed within the confines of physical therapy services. It is time to embrace our social identity and the impact that we can have on society. Our membership and the greater healthcare community expects it.

Recently APTA underwent an external audit by the Ballast Research Group and received feedback on how our profession is perceived on Capitol Hill. Many strengths were identified including our ability to represent our members effectively, the respect we receive as a leading organization that builds strong relationships with policymakers and our ability to serve as a resource based on our expertise. However, we are perceived as an organization focused on core issues relative only to physical therapy. Policy makers expressed a desire to see APTA "engagement on a boarder array of issues." In doing so, we can also foster greater relationships with other healthcare associations that currently embrace broader engagement in society.

Already the APTA Board of Directors and the House of Delegates have taken steps toward spreading our wings in societal engagement. Among the motions passed at the House in June, was a statement in support of essential health benefits (RC 39-18). In his comments to the House in the Boards introduction of the motion, Director Kip Schick, PT, DPT, MBA stated "...the outcomes of our patients and clients are often co-dependent on the services our patients and clients receive from the larger healthcare team...We have a societal obligation to advocate for those individuals who cannot advocate for themselves."

Editor

Reenie Euhardy - euhardy@gmail.com

Associate Editor

Julie Sherry - je.sherry@hosp.wisc.edu

Layout

Amy Reiter - amy.reiter@wpta.org

Executive Director

Amy Reiter - amy.reiter@wpta.org

WPTA Board of Directors

President - Connie Kittleson - jkittleson@wi.rr.com

Vice President - Dennis Kaster - dennis@advancedptsm.com

Secretary - Nicole Marquardt - marquardt.nicole@mayo.edu

Treasurer - Bob Runge - rrunge1@earthlink.net

Director - Jane Bernatovich - timandjaneb.wi@netzero.net

Director - Jack Knudson-Stuhr - jaknudso@gundersenhealth.org

Director - Sarah Stineman - sarah.m.stineman@gmail.com

North Central District Chair - Nicole Quarne -

quarne.nicole@marshfieldclinic.org

Northeast District Chair - Joe Kucksdorf - joseph.kuck@yahoo.com

Northwest District Chair - JonPaul Dragseth -

dr.jonpaul.dpt@gmail.com

Southeast District Chair - Abby Inman -

arfoster@uwalumni.com

Southwest District Chair - Jennifer Jeschke - optimalpt@gmail.com

West Central District Chair – Barbara Helgeson – helgeson.barbara@mayo.edu

Chief Delegate - Rob Worth - rob@advancedptsm.com

PTA Caucus Rep. - Krissa Reeves - krissareevespta@gmail.com

Statement of Purpose

PT Connections is a quarterly newsletter published by the Wisconsin Physical Therapy Association online in January and July, and in print in April and October. It provides information on local, state and national issues affecting PTs and PTAs in the State of Wisconsin. It's three functions include disseminating information, soliciting involvement and educating members on current issues.

All articles should be submitted for review to: WPTA, 3510 East Washington Avenue, Madison, WI 53704 or to *wpta@wpta.org*.

The WPTA welcomes your feedback. All letters to the editor must be signed, and include a phone number and address. Names will be withheld upon request. Letters to the editor and responses do no necessarily reflect the opinions or official policies of the WPTA or its Board of Directors. All materials submitted are subject to editorial review for inclusion and editing.

Advertisements

Ads are accepted for employment opportunities, product promotion and course listings. Ad inclusion does not imply endorsement by the WPTA or its Board of Directors.

Camera Ready Ad Rates:

Full Page – \$250 1/4 Page – \$100 1/2 Page – \$175 Cont. Ed Listings – \$35

There is an extra charge for typesetting. Please call WPTA office at 608/221-9191 for details.

Next Issue - October 2018

Editorial and Ad submission deadline is September 1.

Non-member subscriptions are available for \$100/year.

President's Message Icont.l

Also, in March the APTA submitted a letter to the US Department of Health and Human Services opposing a proposed new rule to protect "statutory conscience rights in health care." President Dunn's letter states that "The Proposed Rule promotes the freedom to discriminate against others under the guise of religion or morality, which challenges the Code of Ethics and the principle of patient-centered care, both of which are foundational to the physical therapy profession. It also would severely compromise patient access to medically necessary health care services." In line with the Boards opposition to the proposed rule, the House of Delegates passed a motion (RC 38-1) reaffirming our profession's commitment to person-centered care.

I am excited for our future as we collaborate with our partners in healthcare and the community in truly transforming society. As physical therapists, physical therapist assistants and students, we must be active in participating in this transformation. We cannot sit back and wait for it happen. The Association's efforts, growth and commitments are dependent on our individual dedication and resultant actions. In the words of President Dunn, "We are APTA and APTA is us."

Sincerely,

Connie Kittleson, PT, DPT President

Looking for online CEUs and to support the WPTA at the same time?

Check out these options:

Wisconsin 4-hour Ethics and Jurisprudence
EDUCATA Course
MEMBERS RECEIVE 10% OFF!

MedBridge Online Education Subscription MEMBERS RECEIVE 40% OFF!

WPTA Best Practice Webinars
MEMBERS RECEIVE 60% OFF!

To learn more visit www.wpta.org

Click on "Continuing Education"

Payment Update

Quick But Important Payment Updates

Recently I was asked by members of the WPTA Board of Directors to focus this article on providing insight into PT evaluation coding. It seems that most physical therapists are under coding evaluations and experiencing confusion on how to substantiate moderate/high evaluation codes with their documentation.

Evaluation and Re-Evaluation coding generalities:

Effective January 2017 there are three Evaluation Codes: 97161 = Low Complexity, 97162 = Moderate Complexity and 97163 = High Complexity. There is also one new Reevaluation Code (97164) which should be utilized when an established patient is being reevaluated to update a plan of care (POC).

Components of the three new evaluation codes include:

- 1. Patient history (comorbidities, personal factors)
- 2. Examination and the use of standardized tests and measures
- 3. Clinical presentation
- 4. Clinical decision making

All of the new evaluation codes incorporate the use of standardized tests and measures, and patient assessment instruments or functional outcome measures, as a part of the patient evaluation. Your choice of which of the three codes you apply is dependent upon the lowest component rating. If one of the above four components is low, then the code defaults to Low.

Although there is "time guidance" provided in the code explanations, the time element is NOT the relevant factor. You may take more or less time to complete these evaluations based on your experience, expertise and your patient. First of all, consider that when these codes were developed they were designed to fall on a normal bell curve. Which means that 50% would be Moderate, 25% would be Low and 25% would be High. Of course, that is across ALL settings so your patient caseload may skew higher or lower. Still, I think it is wise to go into your evaluations with the idea that they are most likely going to be Moderate. If you cannot substantiate Moderate, then they are Low; if you have more than enough supporting information they would be High.

Patient history:

Do a great job of identifying the related pre-morbidities and co-morbidities complexities that may impact your patient's progress or your POC. The way you document your patients' history may need to be updated since this information will help you determine the level of complexity involved in the evaluation and treatment of your patients. You cannot simply copy and paste the entire medical history into your evaluation. Instead, you must identify pertinent medical history. This medical history can be gleaned from the medical record, the physician's order, or when taking the intake and history from the patient or caregiver.

The patient history includes previous medical conditions and comorbidities, previous functional level, context of current functional abilities, treatment approaches in past (if applicable), and other factors that may impact the patient's ability to progress and reach goals as stated in the POC. The history and interview process may also include the patient's work status, impact of medications, and other clinical tests. Complexities include social and economic factors that might impact a patient's ability to fully participate and benefit from rehabilitation.

Some common pre-morbidities/co-morbidities for your consideration include:

- Chronic or repeated episodes of the problem
- Obesity (BMI)
- Arthritis
- Diabetes
- Depression with many conditions
- · Heart condition
- Communication (aphasia, dysphasia)
- Vision
- Cognition (dementia)
- Psychological Diagnosis
- Neuro diagnosis with orthopedic problems

Some common complexities might include:

- Poor adherence to medical recommendations
- Poor health literacy
- Patient report of difficulties completing their POC due to transportation situations, financial limitations, or personal responsibilities such as caregiving or occupational requirements
- Patient report or history of depression, anxiety or fear avoidance behaviors

Patient pre-morbidities, co-morbidities and complexities: 0 = Low evaluation; 1-3 = Moderate evaluation; 4+ = High evaluation

Examination:

Examination and the use of standardized tests and measures might be the easiest component standard to meet. As physical therapists we test and measure elements in our standard evaluations. Most PT evaluations are performing tests and measures on four or more elements:

- Strength
- ROM
- Pain
- Joint Mobility
- Soft Tissue Mobility
- Posture
- Neurological signs
- Functional Measures
- Etc...

If you assess 1-2 elements = Low evaluation, 3 or more elements = Moderate evaluation, and 4 or more elements= High evaluation.

Clinical presentation:

The third component entitled "Clinical presentation" has resulted in more questions than answers. However,

Continued on the next page

Payment Update Icont.

new clarifications have emerged making it a bit more comprehensible and clearing up some of the confusion. The choices for presentation are:

- Stable/Steady Progress = Low Complexity (I often describe this as a steady upward straight line)
- Evolving/gradual progress with a few "bumps in the road" = Moderate Complexity (I often describe this as more of a sine curve, wavy but upward overall)
- Unstable progress/progress interrupted by flare ups or complications along the way = High Complexity (I often describe this as a jagged line with acute peaks and valleys)

Presentation is almost always determined by the patient history and its impact on the POC. Therefore, if the patient has a Moderate patient history (1-3 factors present that could affect the POC) and a Moderate examination (3 or

more elements examined), the presentation will likely also be Moderate.

Clinical decision making:

The fourth element, clinical decision making, is nearly always the same as presentation.

Hopefully these few tips will assist you in better evaluation coding. More resources are always available through APTA at https://www.apta.org/EvalCodes/.

Submitted by **Lynn Steffes**, PT, DPT, Payment Committee Chair and WPTA Payment Specialist

Committee Updates

Academic Liaison

The Academic Liaison Committee has been working to make the WPTA fall conference the "go-to" conference for students over the last year. It has been a collaborative effort to gather information about how to make the Fall Conference more accessible for PT and PTA students. In an effort to overcome some of the logistical barriers students may face in attending the conference, a survey was sent out and feedback was collected to make it easier for students to attend. Some of the highlights to make fall conference the primary conference for students includes:

- A student only course
- Research poster presentations (formerly at spring conference)
- Student Special Interest Group business meeting
- Fall conference mentorships with WPTA Board of Directors members
- Joint student meet and greet with the Private Practice Special Interest Group
- Exhibit hall with potential employers and a booth featuring the Student Special Interest Group

In addition to these offerings, presentations are being planned at each of the PT and PTA programs around the state this fall. These presentations serve to inform students of the value and importance of becoming WPTA and APTA members, and how these memberships can benefit them both as a student now and later as a professional.

We appreciate your efforts to continue to help drive the interest of students to all of the WPTA events, especially fall conference. We are looking forward to seeing you there for the exciting and valuable highlights noted above.

Submitted by **Matt Paluchniak**, PT, DPT, and **Erik Gregersen**, PT, DPT, Co-Chairs

Federal Government Affairs

Over 270 APTA members and students from 47 states gathered for the 2018 Federal Advocacy Forum in Washington DC, April 29-May 1. The 3-day conference educates participants on key legislative issues and provides an opportunity for advocacy with legislators and staff on Capitol Hill. Wisconsin was well represented at this year's event with constituents from many congressional districts present for meetings with senators, representatives and staff. Attendees from Wisconsin included: Sarah Stineman,

Continued on the next page



Part of the Wisconsin Contingent outside of the Capitol. Members Pictured: Sam Schwartz, Stefanie McCoy, Richard Krajewski, Sue Griffin, Jeff Jaeggi, Sarah Stineman, Connie Kittleson, Rob Worth and Aaron Worth Not Pictured: Kip Schick, Tim Thorsen

Committee Updates Icont.

PT, DPT, Stefanie McCoy, PT, Rob Worth, PT, DPT, MS, ATC/L, Kip Schick, PT, DPT, MBA, Tim Thorsen, PT, DPT, Connie Kittleson, PT, DPT, Sue Griffin, PT, DPT, Jeff Jaeggi, SPT, Sam Schwartz, SPT, and Richard Krajewski, SPT.

Topics discussed at this year's Forum included:

- Physical therapy's role in telehealth and the CONNECT Act which would ease restrictions on telehealth for patients in the Medicare program
- Concern against loan limitations and the Prosper Act
- The role of physical therapy in reducing opioid dependence and asking that the profession be included in discussions regarding opioid related legislation
- Creation of a physical therapy outcomes registry

For more information on these issues visit: http://www.apta.org/FederalAdvocacy/

The Wisconsin attendees successfully educated legislators on issues relating to physical therapy patients and the progression. However, we still need members to contact their senators and representatives for further support. Please reach out to your senators and representatives using the APTA Legislative Action App at: http://www.apta.org/TakeAction/

Submitted by Sarah Stineman, PT, DPT, Chair

Research

WPTA Research Committee Announces the 2018 Fall Conference Student Research Abstract Competition

Who: All students (PT and PTA) who are WPTA members and submit abstracts for review for presentation as a research poster at the 2018 WPTA fall conference will be eligible for the competition.

Abstract Submission Deadline: Friday, August 17, 2018 at 5 pm CST

Judging Process: All abstracts submitted by students (PT and PTA) will be reviewed by a three member review panel, including:

- Two licensed physical therapists from different practice settings (e.g., inpatient, acute care, outpatient, home health, etc.)
- One licensed physical therapist who is currently a core faculty member in a DPT program

These individuals will judge each abstract based on criteria provided by the Research Committee. Associated authors of all abstracts will be blinded to the review panel. In addition, individuals will not be allowed to participate on the review panel if they have a conflict of interest that may influence the judging process (e.g., have a financial conflict, are coauthors on other abstracts, etc.).

Scores from this judging process will be totaled by the Research Committee and the abstracts with the three

highest scores will be assigned 1st, 2nd, and 3rd place awards, respectively. In the event of a tie, the Research Committee Chair will serve as the tie-breaking judge.

Winners: All winning abstracts will be announced, and respective primary authors will be recognized, during the poster viewing session on Thursday, October 4 from 5-6 pm. These winning abstracts will then be published in the January 2019 issue of the WPTA *PT Connections* newsletter.

In addition, the primary authors of the 1st, 2nd, and 3rd place abstract award winners will receive the following monetary prizes:

1st Place = \$300

2nd Place = \$200

3rd Place = \$100

Note: If the primary author of a winning abstract is not in attendance to present their abstract as a poster, they will forfeit their award and the award will be given to the abstract with the next highest score.

Submitted by **David Cornell**, PT, DPT, and **Sheri Bunyan**, PT, Co-Chairs

WPTA Committee Updates

At the May WPTA Board meeting, motions were made and passed to eliminate the Technology and Publications committees. The Technology committee is now under the Public Relations committee and **Jim Cummings**, DPT, Chair of the Technology committee, now co-chairs the Public Relations committee with **Albojay Deacon**, DPT. The Publications committee responsibilities were rolled under the Membership committee. **Reenie Euhardy**, PT, MS, Chair of the Publications committee, will continue to be the editor of *PT Connections*.

These changes came about after discussion of the responsibilities of these committees and that the WPTA has a large number of committees (19). The work of these committees is valued and necessary, however does not warrant the need for independent committees.

Submitted by Reenie Euhardy, PT, MS

FALL CONFERENCE SNEAK PEEK

TOPICS INCLUDE:

Imaging: A Primer for PT Practice

(fulfills state requirement for participants to order x-rays)

Therapeutic Alliance: A Moral Imperative and Just Good Practice (fulfills 4 hour ethics/jurisprudence state licensure requirement)

Applying Psychologically Informed and Cognitive Behavioral Concepts in PT

Harnessing Technology in a Clinical Setting

The PT/PTA Team: #BetterTogether

Pharmacolgic and Exercise Considerations in Older Adults with Diabetes

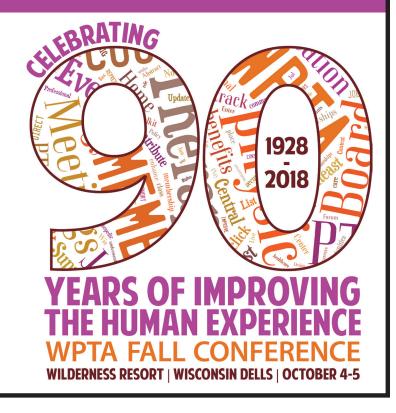
Student Course: Manual Therapy and Effective Patient Communication

So My Patient Has Heart Failure: What Do I Need to Know?

When Exceptional Service Becomes Your Marketing: Taking Cues from Disney (Private Practice SIG sponsored course)

Exhibit Hall, Research
Poster Presentation,
Student Meet and Greet,
Business Meeting and
much more!

Watch for online registration updates in eNews, on our Facebook page and at www.wpta.org



Get to Know a Board Member

In this ongoing feature, WPTA board members are interviewed to learn more about them personally and professionally. This issue's member is WPTA Northeast District Chair, **Joe Kucksdorf**, PT, DPT.

What inspired you to go into the Physical Therapy profession?

My grandma!?
When I was young
my grandmother
had a total knee
replacement and told
me how important
her PT was to her
recovery and how
she enjoyed her
time working with
him. She told me I



should be a physical therapist. As I went through school, I was strong in science and liked it. Going into college I choose human biology as my major. My freshman year I tore my ACL playing intramural soccer, had an ACL reconstruction and had my own PT. It was at that point it all came together and I decided on my profession of choice; a profession in which to be effective you have to both think and feel. Grandam Pat was right all those years later!

Please share a synopsis of your PT career, including your formal education.

I graduated the University of Wisconsin-Green Bay with my undergraduate in Human Biology and went on to get my DPT at Concordia University of Wisconsin. After graduation my first position was a year-long orthopedic internship at Bellin Health, similar to a residency. I stayed on and continued my education, completing the Evidence In Motion's Orthopedic Manual Therapy Fellowship program in 2016. I now treat patients about half time, work as a manager of a clinic, oversee clinical quality, do some teaching, and continue to be dedicated to life-long learning.

What is one of the most rewarding experiences you have had in a leadership role in the WPTA?

The opportunity to engage and work with the dedicated and talented PTs and PTAs in our state. Honestly, we have a large number great therapist looking to advance the profession on many levels. Engaging with and meeting all the talented members and non-members, looking to create a larger and larger community of individuals working together to advance our profession, is energizing. The House of Delegates is a really fun environment, and it's very rewarding to participate at the national level and help direct policy and vision for our professional association.

If you'd like, please share a favorite family memory. My wife Emily and I have three wonderful little boys, Abraham (6), Boden (4) and Macarthur (2). The last summer or two Abraham has been working up to ride his bike without training wheels. About two weeks ago I was surprised when I came home from work. He walked

me outside and took off on his two-wheeler! It is the little things that are some of my favorite memories.

Do you have a favorite book? What types of books do you prefer?

Mel Ellis is an author from Wisconsin. When I was a kid my Dad would read me his books. It has been years since I have read them but my oldest two boys are now getting old enough to enjoy having them read to them. I have dug out one of my favorites, "Flight of the White Wolf."

What's one of your favorite movies?

Jurassic Park. I loved dinosaurs as a kid and this was one of the first PG-13 movies my Mom would let me watch. It was immediately one of my favorite movies and still is!

If you could learn to do anything, what would it be? I would learn to play a musical instrument, guitar or saxophone maybe. I really enjoy listening to music but would love to play as well.

If you could witness any event past, present or future, what would it be?

That is a tough one. I was just reading about Abraham Lincoln and think witnessing him give the Gettysberg Address would have been profound.

If you could have a super power, what would it be? More brain power, like in the movie Limitless. That would be pretty cool.



Chattanooga TRE-CH3 Elevation Tables

3 tables available. In excellent condition. \$1,195 each. **New these tables currently are \$3,295.00 each, on sale.

Chattanooga TRE-CH3 Elevation Table Features:

Tilting headpiece, Paper roll holder and cutter, Extending ankle rest Max height about 37 inches Min height about 19 inches Width 23 inches

Max length about 77 inches Contact Gary at 608/780-0559

District News

North Central

At our May meeting, the District approved a motion to donate \$2,000 to assist the WPT-PAC and challenged other districts to match the donation. However, discussion within the District leadership and the WPTA is occurring about how to promote individual contributions to the PAC in each district, and how to have a competition with the other districts. Look for future information about this process at future meetings.

At our May meeting, **Kate Bennett**, DPT, presented an in-service "Did My Dizzy Patient Have a Stroke?" Kate provided education about numerous clinical tests that can help to determine whether or not dizziness was caused by a stroke.

An ethics course, "Optimal Documentation, Billing, and Compliance" was presented by **Lynn Steffes**, PT, DPT, on April 17 at the Marshfield Clinic campus in Marshfield. This compliance presentation and discussion addressed major healthcare system updates and their effect on physical therapy in everyday practice. Numerous attendees viewed the course at videoconference sites throughout the District.

At our October meeting, **Rick Shurman**, PT, will present about experiences and opportunities with medical mission trips. For information, feel free to contact **Dave Smith**, MPT at smith.david@marshfieldclinic.org or 715/389-7501.

Submitted by Dave Smith, PT, Secretary

Southeast

WPTA spring conference was held in our own District from April 12-13, 2018 in Pewaukee. Many of our members attended the conference and several educational sessions were led by District members. The District also donated a raffle basket to help support the WPT-Fund.

Our annual spring ethics CEU and District meeting took place on March 20, at the Miller Inn. Laurie Kontney, PT, DPT, MS, gave an informative and engaging presentation "Consent and Refusal in PT Practice." Remember the District hosts two hours of ethics and jurisprudence training every March, making it easy (and free!) for members to fulfill state licensure requirements.

The Mary Pat Murray Award ceremony and fall District meeting is held every November at Marquette University. The date will be announced soon. Mary Pat Murray, PT, MS, PhD was a world-renowned researcher and a strong advocate for our profession. The award is given to a member of the profession for clinical excellence. Start thinking of candidates for 2018, as nominations are due September 15. Contact Megan Berezowitz, PT, DPT, at mberezowitz@gmail.com for details.

Miss a meeting? District and executive board meeting minutes are posted on the WPTA website. Check out https://wpta.org/districts/index.cfm?district=Southeast under "Meeting Minutes" in the right hand column. You can also stay

up-to-date with the District by checking out our Facebook page at https://www.facebook.com/WPTASED/. Interested in becoming more involved? Contact **Anna Retzke**, PT, DPT, at annaretzke@gmail.com.

Finally, we are excited to welcome a new member to the District Board family! Our district chair, **Abby Inman**, PT, DPT, and her husband recently welcomed their first child, Estelle, to their family. Congratulations!

Submitted by Lauren Hogan, PT, DPT, Secretary/Treasurer





Topics in PT/PTA Education

Each *PT Connections* newsletter section, "Topics in PT/PTA Education" features a DPT and/or PTA program selected by alphabetical order.

Programs are asked the following question, "How does your program support and encourage student involvement in WPTA/APTA activities?"

Gateway Technical College

The Gateway Technical College PTA Program is committed to providing quality, relevant educational opportunities to all students. The PTA program also strives to engage students in current issues involving the profession of physical therapy and emphasizes the significance of supporting the APTA/WPTA.

As part of our introductory courses, Gateway Technical College addresses the importance of supporting our professional associations. Each year, a representative of the WPTA attends a first semester PTA class to talk about the APTA/WPTA and how students can get involved in the Association. Students are very enthusiastic about being a part of the profession and enjoy learning more about the WPTA and how PT professionals at any stage in their career can participate. Students have also attended sessions at the WPTA spring conference that coordinated with current coursework.

For the first time, Gateway Technical College will be requiring all students to obtain student APTA/WPTA memberships as part of course enrollment in fall 2018. Faculty are currently in the process of developing in-class activities

and assignments that utilize *PTNow* to help students better understand this benefit of their APTA membership. Other benefits to students are that one of the program required textbooks is available to APTA memberships digitally, as well as granting access to a bank of exercise images. The APTA/WPTA serve as valuable resources to access current research and information to support life-long learning, and the use of evidence for patient care interventions. With practice, students can build confidence in utilizing these resources to keep up to date with practice standards and current research.

Our graduates are also encouraged to continue supporting the profession through our professional organizations. The APTA/WPTA serve as resources for employment opportunities as well as provides an avenue for networking with other healthcare professionals across the country. It is also a means of accessing educational workshops and continuing education that are relevant and research based.

Submitted by **Megan Zingelman**, PT, MS, PTA Instructor/ACCE



LIVE CEU Course



114 Donatelli's Pathophysiology and Mechanics of the Shoulder with Lab Dr. Robert Donatelli, PhD, PT, OCS

Saturday-Sunday, August 4-5, 2018 (16 hours) Ascension Columbia St Mary's, Milwaukee, WI

We follow the guidelines of the Wisconsin Physical Therapy Examining Board.



For information: admin@motivationsceu.com

www.MotivationsCeu.com

Award Winners Icont.1

Multiple students have submitted letters stating Kevin made learning easy because he is an outstanding teacher and PT role model. Kevin was nominated for this award by **Julie Lombardo**, PT, DPT.

Award for Clinical Excellence - Molly Agnew, DPT



Molly (pictured left with Tina Stoeckmann) is currently a physical therapist at Froedtert Hospital in Milwaukee where she works with individuals with various neurological diagnoses. Molly has pursued a path of clinical excellence as she earned her Neuro Clinical Specialty Cer-

tification in 2013. In addition to her clinical work, Molly has also chosen to support future generations of PTs through her classroom teaching at Marquette and her work as a very capable clinical instructor.

In describing the various characteristics that make Molly a deserving recipient of this award, her patients described her high-level clinical skills, knowledge and the great outcomes she has helped them to achieve. But they also equally described her great sense of humor and quick wit, as well as her very kind heart/soul. This is what truly makes a difference for Molly's patients. For clinical excellence without true kindness rarely leads to great outcomes. And a little laughter along the way doesn't hurt either. Molly was nominated for this award by **Tina Stoeckmann**, PT, DSs, and **Chris Wipperman**, PT.

Rookie of the Year - Christa Wille, PT



The WPTA awarded two Rookie of the Year awards this year. Our first 2018 Rookie of the Year recipient is Christa Wille (pictured left with Kristi Hallisy). Christa is known as a leader at UW Hospitals and Clinic where she has been a staff therapist since completing her 14-month long sports PT residency there.

She is her clinic's "go to" person when it comes to treating patients with running injuries, and she is a mentor to others in the use of a force plate for landing assessments and evaluating readiness for return to sport. Her skill and knowledge were evident when, following her presentation on rotator cuff repairs, the Sports Medicine Physicians group agreed to change their current post-operative surgical guidelines.

Christa has co-authored five peer-reviewed publications, serving as lead author on one. She has presented 14 scientific presentations and seven clinical presentations, at CSM, the World Congress on Biomechanics, and the WPTA spring conference. Christa was awarded a 2-year, pre-doctoral fellowship through the NIH. Despite being only three years out of PT school, Christa has already made significant contributions to the physical therapy profession through both her clinical and her scholarly work. Christa was nominated by **Kristi Hallisy**, PT, DSc.

Rookie of the Year - Matthew Paluchniak, PT, DPT



Matt, a 2015 graduate of Concordia University Wisconsin, became active in the WPTA as a student physical therapist in 2012 and has never looked back. Matt organized the first of many PT Pub Nights in the Milwaukee area, an event that brings together PT students from around the Milwaukee region and local clinicians in a relaxed, stressfree environment.

Matt has been a member of the APTA Private Practice Section since 2014 and a member of the WPTA Private Practice SIG since 2015. In addition, he continues to excel in leadership positions targeted at increasing student involvement in the profession. He served as a board member and liaison to students for the Private Practice SIG for two years, where according to one of his nominators "He was instrumental in creating the private practice SIG student contest." Matt currently serves as the Academic Liaison Committee Co-chair, where he is helping students organize the second annual WPTA Student Conclave.

In 2017, Matt completed an 18-month orthopedic residency and achieved his OCS certification, as well as his certification in dry needling. He recently started a journal club at the clinic where he works, which he hopes to expand to include other sites within the Froedtert & Medical College of Wisconsin system. Matt was nominated by Erik Gregersen, PT, DPT.

Mentor Award - Carrie Schwoerer, PT



Carrie (pictured left with Rob Worth) has been an active contributor to several APTA sections through clinical practice, education and leadership. She is a positive role model and mentor to all who work with her. Carrie's roles within the UW-Health and Meriter Unity Pointe Orthopaedic Residency

have included admissions, curriculum and steering committees, didactic unit instructor, special topics unit coordinator, and residency clinical mentor and director. Under her leadership, she obtained a 10-year accreditation rating for UW-Madison's Orthopaedic Residency program. Carrie is recognized by her peers as humble, hard-working and a consummate perfectionist in her pursuit of fostering excellence in the next generation of PTs. Carrie was nominated for this award by **Kristi Hallisy**, PT, DSc.

APTA Societal Impact Award - Karene Boos, PT, DPT, JD

In addition to the above Wisconsin award winners, the APTA selected WPTA member **Karene Boos**, PT, DPT, JD, to receive their Societal Impact Award. Karene was recognized during the Honors & Awards Ceremony at NEXT 2018 Conference and Exposition in Orlando.

Submitted by Ann Dietrich, PT, MS, Awards Chair

WPT Fund Scholarship and Grant Winners

This year we were pleased to award 19 scholarships totaling \$15,000. All students receiving scholarships must first demonstrate financial need. The total debt reported by students who applied for scholarships equaled \$1.5 million dollars, averaging \$97,000 per student.

In addition to the WPT Scholars Awards, we have two special scholarships that we give to students who have demonstrated additional specialized activities -- the Chris Crivello Community Service Award and the Tracy Rasor Sports Medicine Scholarship

Bryan Alm UW-La Crosse \$750



Brianna Brackin Marquette \$750



Emily Court CVTC\$500



Benjamin Davis UW-Madison \$750



McKayla Figueroa Marquette \$750



Tiffany Gehl UW-La Crosse \$750



Michael Glynn Marquette \$750



Tori Kieler UW-La Crosse \$750



Kristin Kotzer UW-La Crosse



Emily Laube Concordia \$750



Abbigail Ristow HW-La Crosse \$750



Marquette Valerie Prusak-\$750 UW-La Crosse

Chris Crivello Community Service Award

The Chris Crivello Award honors students who demonstrated a commitment to the community and to the practice of physical therapy.

Heather Eck - Carroll University - \$1100



Heather has been a part of Hearts in Motion, a healthcare service trip to Guatemala, twice and will travel there again this summer. This group sets up a pop-up clinic, delivers healthcare and educates citizens. Hearts in Motion also helps underserved populations move into better housing areas. Heather has volunteered with Big Brothers, Big Sisters, including serving as VP of the Carroll University

chapter. She traveled to Stanton Island in 2014 to work with All Hands, providing relief during Hurricane Sandy. She has also volunteered with Lift Striders, assisting therapy horses during PT/OT sessions. And get this... Heather not only volunteers generously of her own time,

she also is the DPT class volunteer committee co-chair, a program that finds volunteer opportunities for peers and encourages participation.

Chris Crivello Community Service Award Honorable Mention

Benjamin Wales UW-Madison - \$800



Emily Ziegler Concordia - \$800



Continued on the next page

WPT Fund Scholarship and Grant Winners Icont.

Tracy Rasor Sports Medicine Scholarship

The Tracy Rasor Sports Medicine Scholarship recognizes a student with a demonstrated interested in Sports Medicine physical therapy.

Kaylee Gransee - Carroll University - \$1100



Kaylee has been an athlete her entire life, including competing in track, basketball and soccer. Her volunteer activities include serving healthy populations, veteran populations and individuals with spinal cord injuries. Most recently she volunteered over 100 hours to an organization called Team River Run, whose mission is to get wounded veterans and persons with spinal cord injuries back in the community through adaptive

kayaking. Kaylee enjoys working with athletes, and as a physical therapist hopes to work with college level up to professional level athletes.

Submitted by Rose Hebar, PT, WPT-Fund Chair

Reminder

Please make sure the APTA/WPTA has your correct email address.

We email important updates to keep you informed. Contact the WPTA Chapter Office at wpta@wpta.org, call 608/221-9191 or go to APTA's website: www.apta.org to update your membership information.

Thank You!

CLINICAL EDUCATION WORKSHOPS

APTA Credentialed Clinical Instructor Program (CCIP)

The program (two days) addresses issues of planning and preparing for physical therapy students during their clinical experiences, developing learning experiences, and supporting ongoing learning through questioning and effective feedback. Skills of student evaluation are discussed, as well as the identification and management of students with exceptional situations. It includes information regarding student supervisory guidelines, as well as legal regulatory and ADA issues. An "Assessment Center" provides each participant with the opportunity to apply information from the program in simulated situations. **15 contact hours**

APTA Advanced Credentialed Clinical Instructor Program (ACCIP)

The focus of this course is *best clinical practice* and *best clinical teaching*. This course is open only to physical therapists who have taken the original CCIP workshop. It includes two days of programming along with some online preparatory work to be applied in class. **16.75 contact hours**

Annual Wisconsin Clinical Education SIG (CESIG) Conference

This one-day conference is held each year for anyone interested in topics related to clinical education. **7 contact hours**

DATE	WORKSHOP/LOCATION	CONTACT
November 2018	CCIP Concordia University Wisconsin	Lois Harrison lois.harrison@concordia.edu
March 11-12, 2019 Monday and Tuesday	CCIP and ACCIP Marquette University	Diane Slaughter diane.slaughter@marquette.edu
April 25-26, 2019 Thursday and Friday	CCIP UW-La Crosse	Amy Taebel ataebel@uwlax.edu
Spring 2019	Annual Clinical Education Conference Site TBD	CESIG Chair Lois Harrison lois.harrison@concordia.edu
Spring 2019	CCIP UW Madison	Sue Wenker wenker@pt.wisc.edu

Schedule provided by WPTA's Clinical Education SIG: lori.keisic@aurora.org. For additional updates and information please see www.wpta.org and follow the Clinical Education Special Interest Group (CESIG) link.

Spring Conference...Strengthen Your Expertise



WPTA Award Winners from left to right: Molly Agnew, Greg Eck, Matt Paluchniak, Kevin Wait, Carrie Schwoerer and Christa Wille.



Attendees practice manual therapy techniques in a course taught by Joe Kucksdorf and Erik Gregersen.



WPTA President Connie Kittleson (left) swears in Abby Inman as the new Southeast District Chair at Friday's Business Meeting.



WPTA members receive updates from Federal Government Affairs Committee Chair Sarah Stineman (left) and President Connie Kittleson at the Hot Topics/Professional Issues forum during Thursday's lunch.

WPTA Member Running for Wisconsin Assembly

Hello PT and PTA colleagues,

As a physical therapist, a high school coach, and a proud new mom, I am concerned that our current politics and political leaders aren't serving us, and aren't solving the significant challenges facing our state. I decided earlier this spring that I simply had to do more. I had to do more for my daughter, for my athletes, and for my patients. My name is Dr. Brittany Keyes, and I am thrilled to share with all of you my candidacy for Wisconsin's 31st Assembly District.

My priorities as I run for state assembly include: improving access and affordability of healthcare, ensuring all students have access to high-quality public education in a safe environment, proactively addressing the student loan debt crisis, and promoting sustainable efforts to protect the environment. I am a problem solver who will get things done in the legislature.

Our healthcare system is broken. Federal and state politicians have spent years playing politics with healthcare, while high deductibles, copays, and coinsurance stop too many patients from getting the care they often critically need. In Wisconsin, we aren't doing everything we can to expand coverage for those who need it most, protect people with pre-existing conditions, and ensure that reimbursement rates are high enough to make providers available in every community. We can do better.

In addition to fighting for a better healthcare system overall, I understand the specific legislative issues that affect our

profession as physical therapists. Living near the Illinois state line, I know how critical it is to ratify the Physical Therapy Licensure Compact. We need to retain strong licensing standards for our profession while ensuring that state lines do not become a barrier to healthcare access. I will also keep a close eye on legislation affecting our scope of practice.

As physical therapists, we are often told we need to do more to advertise and promote our profession. I have heard numerous calls to action stating we need more physical therapists to get involved in local and state leadership. Now more than ever it will be critical to support elected officials with healthcare in their background given the everchanging healthcare environment. We need people who are critical thinkers and problem solvers, who will respect research and apply best practices. Having more physical therapists in politics fills this void, and I am running to do just that.

Now is the time for everyone to step up and advocate for change. Visit my website and Facebook page for more information as well as opportunities to donate and volunteer. With your help, we can make a difference for Wisconsin.

Sincerely,

Brittany Keyes, PT, DPT, ATC http://www.keyesforwisconsin.com https://www.facebook.com/keyesforwisconsin/



Welcome to These New Members!

PTS

Nicole Dilger Blake Lorino Lester Owens Katie Soja Colleen Sonderman Denise Theyerl

Students

Lacey Abell
Carolyn Arndt
Jacob Baus
Samantha Beck
Michael Bellino
Eric Bevers
Alexander Beyer
Nicholas Bier
Matthew Bjork
Bryanna Blochowiak
Abigail Boeck
Emily Brown
Tyler Christensen
Stephanie Conway
Brittney Crawford

Ava Davis Lindsay Dolan Haley Fiegel Kadie Flynn **Jordan Ganther** Nicholas Hartmann **Zachary Harvey** Alisha Hellenbrand Caitlin Henry Kristina hickey Anna Hofer **Jessica Hoyt** Samantha Imrie **Brian Ishola Brittany Jauquet** Kathleen Jerry **Daniel Joustra** Kyle Koppenhaver Megan Lowe Emma McDonald Sara McInnis Natalie Mologne Ashley O'Rourke **Scott Parmer** Nicole Reil Kristian Ring

Daniel Schiedermayer Julia Schlosser Paige Schreiber Kimberlyn Skibbe **Brittany Smart** Rachel Snyder **Arturo Sparrow** Aaron Swan **Arik Tavs Ingrid Taylor** Madeline Tetzke **Rachel Thomas** Diego Villarreal Dillon Vulgamott **Mallory Washington** Choong Ye

Christine Ruminski

PTs = 1801 PTAs = 208 Students = 663 Total = 2672

Calendar of Events

2018

July 14 - Board of Directors Meeting - Chapter Office, Madison

August 17 — Research Abstract Deadline for Fall Conference

September 8-9 — Northeast District Orthopedic Manual Physical Therapy Professional Development Program, Cohort Five - Mequon

September 15-16 — APTA State Policy and Payment Forum - Kansas City, MO
October 4-5 — WPTA Fall Conference - Wilderness Resort, Wisconsin Dells
October 5 — Board of Directors Meeting - Wilderness Resort, Wisconsin Dells
October 13 — APTA Celebration of Diversity - Jacksonville, FL

2019

January 23-26 — APTA Combined Sections Meeting - Washington, DC April 25-26 — WPTA Spring Conference - La Crosse Center, La Crosse